

# Client Values Checklist

## STEP 1: SELECT

Put a ✓ next to any of the following values that feel especially relevant or important to you in this chapter of your life.

- |                                       |                                         |                                          |                                                 |
|---------------------------------------|-----------------------------------------|------------------------------------------|-------------------------------------------------|
| <input type="checkbox"/> Achievement  | <input type="checkbox"/> Discipline     | <input type="checkbox"/> Independence    | <input type="checkbox"/> Responsibility         |
| <input type="checkbox"/> Adaptability | <input type="checkbox"/> Education      | <input type="checkbox"/> Integrity       | <input type="checkbox"/> Safety                 |
| <input type="checkbox"/> Adventure    | <input type="checkbox"/> Engagement     | <input type="checkbox"/> Joy             | <input type="checkbox"/> Security               |
| <input type="checkbox"/> Authenticity | <input type="checkbox"/> Excellence     | <input type="checkbox"/> Kindness        | <input type="checkbox"/> Service                |
| <input type="checkbox"/> Autonomy     | <input type="checkbox"/> Family         | <input type="checkbox"/> Learning        | <input type="checkbox"/> Spirituality/<br>faith |
| <input type="checkbox"/> Balance      | <input type="checkbox"/> Flexibility    | <input type="checkbox"/> Legacy          | <input type="checkbox"/> Stability              |
| <input type="checkbox"/> Boldness     | <input type="checkbox"/> Freedom        | <input type="checkbox"/> Loyalty         | <input type="checkbox"/> Success                |
| <input type="checkbox"/> Challenge    | <input type="checkbox"/> Friendship     | <input type="checkbox"/> Meaningful work | <input type="checkbox"/> Travel                 |
| <input type="checkbox"/> Community    | <input type="checkbox"/> Fun            | <input type="checkbox"/> Nature          | <input type="checkbox"/> Wisdom                 |
| <input type="checkbox"/> Competence   | <input type="checkbox"/> Generosity     | <input type="checkbox"/> Open-mindedness |                                                 |
| <input type="checkbox"/> Connection   | <input type="checkbox"/> Gratitude      | <input type="checkbox"/> Optimism        |                                                 |
| <input type="checkbox"/> Contentment  | <input type="checkbox"/> Health         | <input type="checkbox"/> Optionality     |                                                 |
| <input type="checkbox"/> Contribution | <input type="checkbox"/> Helping others | <input type="checkbox"/> Personal growth |                                                 |
| <input type="checkbox"/> Courage      | <input type="checkbox"/> Home           | <input type="checkbox"/> Purpose         |                                                 |
| <input type="checkbox"/> Creativity   | <input type="checkbox"/> Honesty        | <input type="checkbox"/> Relationships   |                                                 |
| <input type="checkbox"/> Curiosity    | <input type="checkbox"/> Humor          | <input type="checkbox"/> Resilience      |                                                 |